







Edition: 18 13 June 2019

ST PETER'S GIRLS PREP SCHOOL

FROM THE HEADMASTER

Last week Saturday, we hosted our Grade 3 Dads and Daughters Coding Morning and a Grade 4 & 5 Dads and Daughters Dinner Dance. Earlier in the term, we hosted a JP Moms and Daughters Craft morning. Although these events are in place to celebrate Fathers' and Mothers' Day respectively - they are wonderful opportunities to spend quality time with your daughter – like so many of our events.

In my welcome at both events on Saturday, I took the opportunity to thank the dads for making the effort to attend, in the knowledge that 'before we know it' our little girls are young ladies - I talk from personal experience in this regard. This gift of time is the single most precious thing you can give your children!

The critical need to find and make the time for our children is reinforced in the lyrics of a beautiful song called *The Cat's in the Cradle* sung by Harry Chapin. The impact is more powerful if you listen to the song – found at https://www.youtube.com/watch?v=KUwjNBjqR-c

My child arrived just the other day He came to the world in the usual way But there were planes to catch, and bills to pay He learned to walk while I was away And he was talking 'fore I knew it, and as he grew He'd say "I'm gonna be like you, dad" "You know I'm gonna be like you" And the cat's in the cradle and the silver spoon Little boy blue and the man in the moon "When you coming home, dad?" "I don't know when" But we'll get together then You know we'll have a good time then My son turned ten just the other day He said, thanks for the ball, dad, come on let's play Can you teach me to throw, I said, not today I got a lot to do, he said, that's okay And he walked away, but his smile never dimmed It said, I'm gonna be like him, yeah You know I'm gonna be like him Chorus:

And the cat's in the cradle and the silver spoon...

Well, he came from college just the other day So much like a man I just had to say Son, I'm proud of you, can you sit for a while?

He shook his head, and he said with a smile What I'd really like, dad, is to borrow the car keys See you later, can I have them please? And the cat's in the cradle and the silver spoon Little boy blue and the man in the moon "When you coming home, son?" "I don't know when" But we'll get together then, dad You know we'll have a good time then I've long since retired and my son's moved away I called him up just the other day I said, I'd like to see you if you don't mind He said, I'd love to, dad, if I could find the time You see, my new job's a hassle, and the kids have the flu But it's sure nice talking to you, dad It's been sure nice talking to you And as I hung up the phone, it occurred to me He'd grown up just like me My boy was just like me And the cat's in the cradle and the silver spoon Little boy blue and the man in the moon "When you coming home, son?" "I don't know when" But we'll get together then, dad We're gonna have a good time then.

Apologies if that that brought a tear to your eye – but I think it makes the point. Nibe nempelasonto emnandi!

Darrel Webb (*Headmaster*)

FROM THE JP ACTING HEAD

GROWTH MINDSET

It has been wonderful to be back in the St Peter's community and to witness, once again, the resilience and growth mindset that is entrenched in our girls as we encourage and foster these qualities at every opportunity.

A growth mindset was discovered by Carol Dweck, a world-renowned Stanford University psychologist. Her studies focus on 'process praise'. This focuses on praising effort or strategy. By reinforcing effort, children's belief that they can get better if they consistently try, is reinforced. Her research has shown that greater use of process praise on even toddlers, predicts children's later desire to take on new challenges with confidence. Children love the idea that their brains can grow through effort and strategy.

Dweck also adds that parents need to caution against over praise. She recommends that parents become more involved and ask questions about what their children are doing and what strategies they are using. Talk to them about their thought processes and how they can learn from their mistakes.

Talking to children and providing helpful, detailed, encouraging feedback and appreciation requires paying attention to what children are doing and listening to what they are saying. This assists in helping them reflect on their processes and instils a growth mindset as children strive to improve and grow.

CULTURAL, LEARNING AND SPORT ACTIVITIES

The girls have had another busy week filled with a wide range of activities designed to give our girls an all-round education. All the girls attended a puppet show last week, which focused on reducing our carbon footprint and looking after our environment. The Grade 1 girls visited Sci Bono Discovery Centre, which is an interactive museum offering exhibits in Science, Technology and Maths. The Grade 2 girls had their Netball Demonstration on Wednesday. It is exciting to see learning occur in a variety of contexts!

'BIRDS & BEES' TALK

The presentation, by Wendy Wentzel, will be loaded onto the Communicator for those who missed it.

BIRTHDAYS

The following girls will receive their birthday cards next Tuesday at 08:00 in the Chapel. Parents of these girls are welcome to attend. **Jocelyn Berry, Brooklyn Lutge**

Happy Father's Day to all our special Dads. May you enjoy a wonderful day with your girls!

Trish Attlee (Girls Acting JP Head)

SWINE FLU

We are aware of the current outbreak of flu causing high numbers of absentees in the classes. Please be aware that Swine flu H1N1 Influenza is caused by the Type A flu (H1N1) virus. It now forms part of seasonal influenza in most countries at present and is a non-notifiable condition.

Common Symptoms include: Fever, Dry cough, Sore throat, Headache, Fatigue, Muscle pain, Body aches, Cold shivers and hot sweats.

Please keep your children at home should they be displaying any of the above symptoms and consult your GP for further treatment. It may be advisable to have the Flu Injection, as a preventative measure. Sister Gail Brent

VEHICLE SECURITY ACCESS

For new parents and parents who don't yet have a QR Code disc, please do the following:

STEP 1 - Submit vehicle details online

Click on the following link https://goo.gl/forms/NX1PEDAYmpKMctxR2 and capture details of all relevant vehicles requiring access to school.

STEP 2 - Download and register in Charlie

- 1. Download and install the Charlie app from your respective app store (click either of the following links: Android or iOS)
- 2. Sign in with either email or cell phone number (if you use your cell phone number you will receive a 6 digit pin).
- 3. Once in the app select the blue block to update your profile details.

STEP 3 - Request QR codes

Please send an email to stpeters@appcharlie.com requesting QR codes. Please include details used to update you Charlie profile.

Once you receive you QR code via email, place the QR code on the same side as your vehicle registration (on the left side of the windscreen, when seated in the vehicle).

Lance Camphor (Security Manager)

PA NEWS: GOLF DAY – SAVE THE DATE

ANNUAL GOLF DAY 2019 - FOURBALLS AND SPONSORSHIP OPPORTUNITIES

St Peter's Prep Schools is holding its annual Golf Day on Friday, 27 September at the Kyalami Country club. The goal of the Golf Day is to raise funds for the St Peter's Prep Parents Association (PA), as well as provide a fun-filled and enjoyable afternoon for all attending. The proceeds raised will be used for projects, requiring funding by the PA, at the school. Bookings for Fourballs open on Wednesday, 10 July.

In order to make the Golf Day a successful fundraiser, we are seeking sponsorship for the opportunities outlined below. To acknowledge contributions, the sponsor will be entitled to use their company signage to market their business in the area chosen. In addition to branding on the course, a board with a list of all the sponsors will also be put up at the clubhouse.

Major Sponsor: Evening event (includes sponsorship of food truck)

Major Sponsor: Halfway house Sponsor: Registration table Sponsor: Putting Green

Sponsor: Hole

Sponsor: Watering hole

Sponsor: Prizes - any luxury food or drink items that could be used in a

any vouchers (for kids or adults to use)

- any complete hampers

hamper

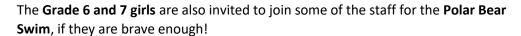
- any other prize you can think of!

For any further information on sponsorships, please contact the committee at $\underline{golfday@stpeters.co.za}$



WINTER SOLSTICE

To celebrate the Winter Solstice, on Friday, 21 June (shortest day, longest night), we will be having a **Pyjama Day** for the whole Girls School.





WINTER WARMERS – REMEMBER TO BUY YOUR TICKETS!



https://tickets.tixsa.co.za/event/winter-warmers-2019

Venue: Mvukuzane Field, St Peter's Prep





Draw to be held at approximately 16:00 on 22 June 2019. You don't need to attend the draw to stand a chance of winning.

Winners will be notified via telephone or email • Direct any queries to winterwarmers@stpeters.co.za

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Enjoy Father's Day and the Youth Day holiday! See you back on Tuesday, 18 June!

