

# ST PETER'S GIRLS PREP SCHOOL

# **FROM THE RECTOR**

### WHOLE SCHOOL EVALUATION

One of the conditions for a school's membership of the Independent Schools Association of Southern Africa (ISASA) is that the school conducts regular reviews of its performance by means of surveys of all its stakeholders. This is required every six years and our review is scheduled for 2019.

The process involves the completion of online questionnaires by pupils, staff and parents, which cover all aspects of the school's operations. Following collation of the responses and identification of areas of strength and weakness, the school may seek to source further information, by focus groups, comprising of the appropriate stakeholders. After this, plans are developed to address shortcomings and to strengthen strengths.

The process is overseen by the Independent Quality Assurance Agency (IQAA), established by ISASA to maintain and improve standards and quality of education in independent schools. The process further serves to promote accountability and to assure governing bodies/school councils of the quality of their schools.

The St Peter's Prep Schools process will be managed by Vijay Maharaj who will shortly provide further details of the process. Please make every effort to complete the questionnaires in order to assist us to improve.

If we have a response in excess of 70%, I promise to attempt a part of Swan Lake or a Gumboot dance or something similar.

### **Questions for the Rector:**

If anyone wishes any further information on any topic, please feel free to contact me at school or at <u>groyce@stpeters.co.za</u> or <u>dradloff@stpeters.co.za</u>.

# **ENERGY EFFICIENCY AT ST PETER'S PREP**

We have several strategic imperatives for the school and one of them is 'greening' and being more environmentally friendly in all aspects of what we do. Recently, we consulted with experts in this field and our Operations Manager, Cecilia Neto, has written the article below to share some of our initiatives:

We have embarked on establishing an environmental sustainability programme, on our campus, regarding energy use, water use and alternative energy.

We are proud to share that the following key areas linked to our school's activities that are being implemented. We have focused on what is going to give the Prep Schools the biggest savings:

- Installation of a real time data measuring dashboard to monitor energy and water usage
- Geysers fitted with insulation, timers and setting the thermostat to 55°
- Replace existing lighting with LED's
- Waterless valves fitted into existing urinals. Pilot project being carried out in the Boys SP bathrooms at the library
- Aerators fitted to wash basins



For a look into the dashboard around the school. Here is the link: www.stppiot.co.za

We hope these efforts encourage others to try to do their 'bit' in a bid to save our planet.

Cecilia Neto (Operations Manager)

Congratulations to the Eco-Committee for the wonderful work they are doing in this regard.

Nibe nempelasonto emnandi!

Darrel Webb (Headmaster)

**GIRLS PREP SCHOOL** 

### **VALUE OF THE WEEK: COMPASSION**



A kind gesture can reach a wound that only compassion can heal.

Steve Maraboli

Cara Eggett (Director: Pastoral Care)

## FROM THE SPORTS DESK

Food for thought . . .



### PHYSICAL EDUCATION

PAL Programme – All the individual PAL Program ID numbers have been emailed. If you did not receive an ID number or you are having difficulty registering, please contact Andrew Steyn on <u>asteyn@stpeters.co.za</u>

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### Swimming

Galas – Good luck to all our swimmers taking part in the Prestige galas on Friday.

### **Cross Country**

TIC - Leanne Fleming (Ifleming@stpeters.co.za)

The girls' cross-country season starts next week. The cross-country course starts and finishes on Mvukuzane, with the rest of the course taking the girls through the PWC bike park. We strongly encourage all the girls to participate.

Running cross-country should be an event that the girls enjoy. This form of exercise will develop the girls' fitness leading into netball season.

The distances are as follows: Grade 3/4 – 1.8 km Grade 5/6/7 – 2.2km The events will be hosted at St Peter's and will held on the following dates: Thursday, 14 March Thursday, 28 March Thursday, 4 April

### Netball

TIC - Tumi Makola (kmakola@stpeters.co.za)

The netball season also starts next week. Please see the table below for the practice days and the staff who be coaching each grade. Please note that there are no Inter-School matches this term.

GRADE	COACHES	PRACTICE DAYS	PRACTICE DAYS
GRADE 3	Mrs Egget, Miss Mashabela, Coach Gontse, Coach Lebo,	Mon	Wed
	Miss Maloi	(11:20-	(14:00-
		12:10)	14:45)
GRADE 4	Mrs Schoeman, Miss Keeve, Coach Lindo, Miss Ledwaba,	Mon	Tues
	Coach Zodwa	(14:45-	(14:00-
		15:30)	14:45)
GRADE 5	Mrs Fleming, Coach Nadeli, Miss Moecheni,	Mon	Tues
	Coach Zodwa, Coach Lebo, Coach Lido	(14:00-	(14:45-
		14:45)	15:30)
GRADE 6	Coach Meagan, Coach Gontse, Mrs Coetzee,	Mon	Wed
	Coach Vuyiswa	(15:30-	(14:45-
		16:15)	15:30)
GRADE 7	Mrs Makola, Mrs Cronin, Mrs Clarke-Buchanan,	Tues	Wed
	Coach Naledi	(15:30-	(15:30-
		16:15)	16:15)

### Tennis

- Optional tennis the optional tennis practices will continue as per the extra-mural timetable. Please could all girls playing tennis meet at the multi-purpose surface tennis courts for their sessions.
- Tennis Ladder Girls are able to challenge, to get on to the school ladder, from which the school teams are selected. The team practices are held on a Tuesday morning from 06:30-07:15.
- Tennis fixtures Please note that all Inter-school fixtures have been completed.

### Water Polo

There will be water polo sessions every Wednesday morning in the Girl's pool from 06:30-07:15. Hurricanes Water Polo Club runs the sessions and it is open to Grade 6s and 7s. Please see Communicator St Peter's/Resources/Girls Sport for more details.

### Hockey

St Peter's College Hockey Centre invites all Grade 3-7 girls, wanting to play hockey, to attend their Skills Development Sessions on a Monday evening at the College Astro.

Please see Communicator St Peter's/Resources/Girls Sport for more details.

### PARENTING THE SPORTY CHILD IN THE 21<sup>ST</sup> CENTURY

HeronBridge College will be hosting a seminar on *Parenting the Sporty Child in the 21<sup>st</sup> Century*. Please see the covering letter below for more details.

Sport Scientists, Sport Psychologists and Biokineticians are raising concerns about children's development and growth in sport. Their research has focused on the increased frequency of injuries caused by repetitive movements as well as too much load on the young and developing body through the impact of children focusing on a select sport from a young age. These factors have contributed to the premature peaking of these athletes and ultimately, the high dropout rate of adolescents from competitive sport.

As parents and educators, we aim to develop active, healthy children, who remain so throughout their lives. With this aim in mind HeronBridge College would like to invite all parents and coaches to our Sport Conference on Saturday  $6^{th}$  April from 8:00 until 13:00 where a panel of experts will offer advice and guidance on raising a sporty child and keeping them active for life.

The panel will comprise:

Lindsey Parry: Sport Scientist Coached Carolyn Wostmann, Comrades Winner <u>https://coachparry.com/</u> Charles Malanga: Sport Psychologist <u>http://www.cimpsychology.co.za/</u> Justin Jeffrey: Biokineticist <u>http://adjustability.co.za/</u> Hennie Le Roux: Springbok rugby legend https://en.wikipedia.org/wiki/Hennie le Roux

The cost of the conference is R100 per delegate and tickets can be purchased using the QR code through Quicket. Please note that this conference is also being made available to our neighbouring schools.



We look forward to spending the morning with you discussing this import topic. Alison Ritchie (Parent Liaison)

**PLEASE NOTE:** Andrew Steyn will be on Paternity Leave from Monday, 11 March until Wednesday, 20 March. Please contact Toni Clarke with any sports queries <u>tclarke@stpeters.co.za</u> during this time.

Andrew Steyn (*Director of Sport*)

### **MUSIC DEPARTMENT**

### **GRADE 4 TRUMPET, UKELELE AND CLARINET OPEN MORNING**

On **Monday, 8 April** the Grade 4 girls will have their trumpet, ukulele and clarinet Open Morning. These girls have the opportunity to participate in a different specialised music group lesson each term. The Open Morning is for parents, who are available and are interested, to pop in and observe a lesson. These lessons will take place at the following times:

Grade 4TK	09:00 - 09:30
Grade 4RA	11:20 – 11:45
Grade 4IDB	11:45 – 12:10

Marguerite Schmitt (Director of Music)

# MORNING PRAYER SUNDAY, 10 MARCH AT 09:30

Please join us for our: Morning Praye Sunday, 10 March 2019 08:00 - Service - Boys Choir 09:00 - Tea / Coffee 09:30 - Service - Girls Choir God is. 1 John 4:19 We love because He first loved us!

### **TALK ON SOCIAL MEDIA**



To make bookings – please visit our website, <u>www.thedigitallawco.com</u> or our Facebook page.

Cara Eggett (Director of Pastoral Care)

### **PA NEWS**



PARENTS' ASSOCIATION

NOTICE OF THE ST PETER'S PREP SCHOOLS

PARENTS' ASSOCIATION

ANNUAL GENERAL MEETING

The AGM will take place on

### WEDNESDAY, 13 MARCH 2019

in the Mvukuzane Pavilion TIME: 18:30 for 19:00

All Parents are encouraged to attend the AGM, which will be followed by a cocktail function.

# A 'MY STORY' INVITATION

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**GIRLS PREP SCHOOL** 

# **Grade 7 Girls Flower Fundraiser**



R250 per Bunch

Please support by ordering your bunch of beautiful flowers by **Wednesday** afternoon via email nicky@ntce.co.za or WhatsApp 083 609 1185

Collection of flowers on Friday from 12:00 at

ALL Receptions where relevant, I.e.: Girls SP and JP, Boys SP and JP.

Many thanx Grade 7 Girls Fundraising Committee

# **THIS WEEK**



### **GIRLS PREP SCHOOL**



**CHARITY** 

