



ST PETER'S GIRLS PREP SCHOOL

FROM THE HEADMASTER

One of the most important life lessons that school begins to teach children, is the complicated dynamic of friendship. I say 'begin', because I'm not convinced we ever stop learning about relationships. What we do know is that friends make us feel good about ourselves and if this is not happening, we need to teach and learn strategies to move away.

A few weeks ago I used the analogy, that a tiny drop of food colouring can change the colour of a full jug of water. In the same way that a small comment or seemingly incidental action can change the entire mood of a person. The change can be positive or negative, obviously dependent on the comment. Adults are as guilty. When asked about our day, how often do we fixate on the one negative rather than admit that the day was generally good and how privileged we are, to live the lives we lead.

We need to remind our girls (and ourselves) that no one has the right to make us feel bad and that we have the ability to choose our own moods and attitude towards life. I fully understand that this is far easier said than done, yet I truly believe it has to be reinforced and modelled as often as possible.

When it comes to managing and understanding emotions, parenting and teaching are the toughest jobs in the world, especially if you feel as though your daughter has been aggrieved in some way. Yes, the school needs to be made aware of the situation, particularly if this is a regular experience. However, ultimately we need to upskill and empower our girls to manage and resolve these issues on their own, by listening and guiding them every step of the way.

Have a great long weekend.

Darrel Webb (*Headmaster*)

SP Athletics on a very hot Saturday morning!



FROM THE SPORTS DESK

How to Make Life More Positive:

- Smile more 😊
- Be yourself 🤪
- Stay optimistic 😊
- Don't complain 💀
- Look for the good in others 😊
- Have a purpose in life 😎
- Change your tribe 🏃
- Wake up early 💪
- Show more gratitude 🙏
- Do things that challenge you 🚴

ATHLETICS – TIC Tumi Makola (kmakola@stpeters.co.za)

- An Inter-school Athletics Meeting will be held at St Stithians on Friday, 1 November.

TENNIS

- The School Championship Tennis Singles Semifinals and Doubles Quarterfinals will be played on Thursday, 31 October.

PHYSICAL EDUCATION - WATER POLO

- The girls will be back in the pool for all PE lessons after the mid-term break.

Andrew Steyn
(Director of Sport)

MUSIC DEPARTMENT

MUSICAL SHOWCASE

The Musical Showcase will be held on Thursday, 31 October at 18:30 in the Royce Hall.

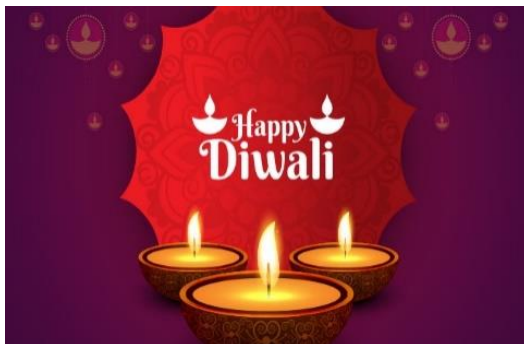
The Orchestra, Grade 6 and 7 Marimba bands and the Rock band will perform.

The girls must wear summer uniform and be at school by 18:15.

Marguerite Schmitt
(Director of Music)

DIVERSITY: DIWALI – FESTIVAL OF LIGHTS

St Peter's wishes all Hindu staff, pupils and families a joyous Diwali. The festival of lights is celebrated over five days, the main celebrations being held on 27 and 28 October. Monday, 28 October marks the New Year for Gujerati-speaking Hindus.



May good triumph over evil; knowledge replace ignorance and all mankind be blessed with health, happiness and prosperity.

Vijay Maharaj
(Campus Deputy Head: Compliance)

ST PETER'S BOYS PREP IS TURNING 70 YEARS OLD, IN 2020, AND WE ARE TRACKING DOWN ALL OLD BOYS

If you, as a dad, grandfather, uncle, brother etc. went to St Peter's Boys Prep, please complete this short google form:

<https://forms.gle/o25tdakrZQCLMoUt7>

Sunset Carols
2019

Planning is now well underway for our wonderful 2019 St Peter's Prep Sunset Carols Christmas Market

Date: Saturday 30 November
Set up time: 12:00 - 14:00
Selling time: 15:00 - 19:00

Should you be interested in a stall at our market, please submit your registration application using the google link below:

Sunset Carols Market Application Form
<https://bit.ly/2ost9tQ>

FLY AND RAISE R75 FOR OUR BURSARY STUDENTS EVERY TIME!

**RAISE R75 FOR OUR BURSARY FUND
EVERY TIME YOU BOOK A FLIGHT**

**DO YOUR FLIGHT BOOKINGS VIA TRAVELSTART ON THE FUNDRAISING PAGE ON OUR WEBSITE
AND RAISE R75 FOR OUR BURSARY STUDENTS WITH EVERY TRANSACTION**

We are excited to announce a fundraising campaign that allows our parents and supporters to donate to our Bursary Fund, without spending an extra cent!

If you visit the fundraising page on our website ([bursary-fund-fly-donate](#)) and book your flights through Travelstart, our Bursary Fund receives R75 for every transaction. You get to compare the best prices, times and routes across all airlines! You can make an immediate booking within a safe payment system; and you have the backing of Travelstart South Africa - if you have any queries or need to make any changes.

This fundraising initiative is hosted by *WeBenefit Schools*, in collaboration with Travelstart. WeBenefit exists to help schools and NPO save money and raise money. Learn more here: www.webenefit.co.za.

Please support this initiative by booking your flights on our fundraising page ([bursary-fund-fly-donate](#)) and encourage your friends and family to do the same!

Thank you for your support!

The St Peter's Foundation

