

# ST PETER'S GIRLS PREP SCHOOL

#### Weekly Newsletter of St Peter's Girls SP School

## FROM THE HEADMASTER

Our value focus, for the next two weeks, is Compassion. Our ongoing objective in this regard is:

- To further, develop the girls' EQ.
- To create an awareness of, and concern for, the needs of others.
- To respond appropriately to those in need even if this means involving adults who can help.
- To go out of their way to engage those in need.
- To not expect reward for helping others.
- To understand and relate to other people's situations or problems.

Please use any and every opportunity to reinforce this value with your daughter at home.

A few suggestions in this regard:

- Ask your daughter to give you at least two ways in which she showed compassion during the course of the day and if she can't ask her the same question the following evening.
- Model compassionate behaviour: 'Children have never been very good at listening to their elders, but they have never failed to imitate them.' James Baldwin
  - Be aware of speaking about people instead of to them.
  - Be aware of the way you treat beggars.
  - Be aware of the tone and manner in which you speak to waitrons or petrol attendants.
  - Make sure your children are aware of donations or contributions you make to charities.
  - Be conscious of your driving etiquette what you say and how you react.
- Celebrate and discuss role models, in your family and in society, who show compassion.
- Discuss ways in which you could show Random Acts of Kindness.

The concept of character development is very much a shared responsibility between the school and the home!

Have a good weekend! Nibe nempelasonto emnandi!

Darrel Webb (Headmaster)

### **BADEN-POWELL FOUNDERS DAY – FRIDAY, 23 FEBRUARY**

Cubs and Scouts may wear their uniforms to school tomorrow, Friday.



#### **2018 SCHOOL MAGAZINE**

Your daughter (in Grade 1 - 7) will be bringing home her 2017 School Magazine early next week. The cost is R180 and will be debited to your account.

If you do not want the magazine, please return it to either Girls SP or JP Reception areas by Thursday, 1 March (before the mid-term break commences). Please return it together with a slip of paper, inside the cover, stating your **daughter's full name and her class** and I will make a note, to ensure that you are not charged for the magazine. Magazines being returned must be in pristine condition, please.

Jean Macleod (Marketer) (<u>imacleod@stpeters.co.za</u>)

#### FROM THE SPORTS DEPARTMENT

The Inter-house swimming galas will be held on 27 February. This event is an opportunity for all our girls to participate and attendance is thus compulsory. All girls are to wear either the team costume or a *plain* black costume, their *house* swimming cap, sports kit (with a tracksuit if needed) and the school flip flops. (or plain navy or plain black) Please remind them to pack their school swimming towel, a hat, a water bottle and sunscreen.

The gala will be swum in two sections:

15:00 – 17:00 Middle School Gala (Grade 3 & 4)

18:00 - 20:00 SP Gala (Grade 5-7)

Please support the Grade 7 fundraising committee who will have drinks and food on sale for those parents and girls staying for both galas. Please can you remind your daughter that she may not leave the stands to purchase refreshments during the gala. Toni Clarke-Buchanan is the teacher-in-charge of swimming, so please send any correspondence in this regard directly to her at tclarke@stpeters.co.za.

Liz Ashmore Director of Sport (LAshmore@stpeters.co.za)

#### **MY STORY: WEDNESDAY, 28 FEBRUARY**

'The scarcest resource is not oil, metals, clean air, capital, labor, or technology. It is our willingness to listen to each other and learn from each other and to seek the truth rather than seek to be right.' (Donella Meadows) 'My Story' is our St Peter's community 'safe space.' We believe that inviting St Peter's parents and staff to share their experiences helps us to break down the barriers that stand between us and sets us on a path towards a stronger, more cohesive community. Please join us on this exciting journey:

Date: Wednesday, 28 February Time: 18:30 – 20:00 Venue: Girls Junior Prep Hall

### SCREEN TIME PRESENTATION BY LARA RAGPOT (HELD ON 15 FEBRUARY)

In case you missed this presentation, it has been loaded onto the Communicator St Peter's under RESOURCES/BOYS/GIRLS: Presentations to Share.

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#### **SCHOOL SHOP**

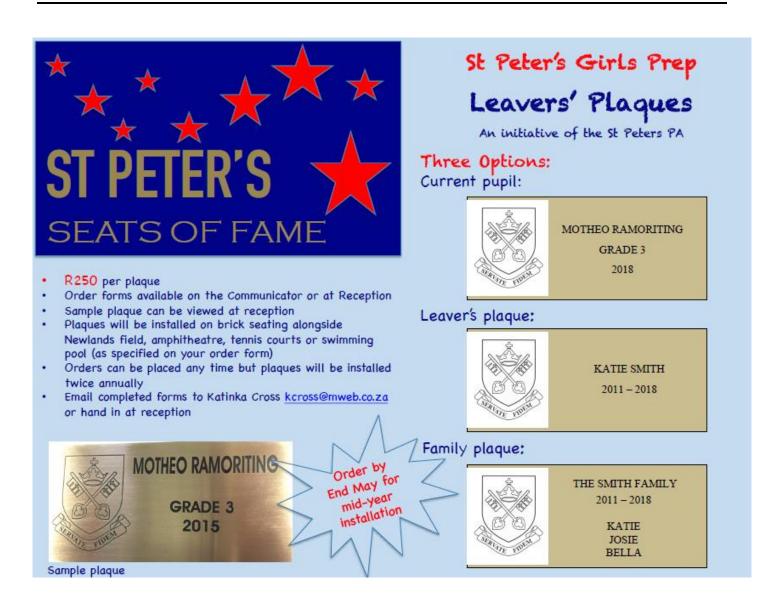
#### **FAMILY ORGANISER**

The popular family organiser is now on sale. Was R140 and is now R100.

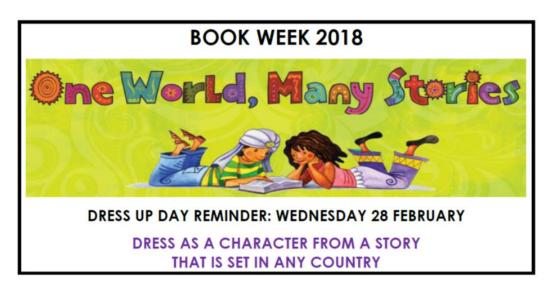
Nadia Thompson (Schoolshop)

#### **FROM SISTER GAIL**

There are a number of medical forms still outstanding. Please make sure that these are sent to school, with your daughter, as soon as possible. We request that if your daughter is sick or has a temperature, please keep her at home and do not send her to school. This causes the spread of germs throughout the class and school - resulting in outbreaks.



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## COMPASSION

Compassion is the desire to help someone who is in distress. The best way to teach our children compassion is to put it into ACTION, as compassion is 'empathy' in action. All of us have heads, hearts and hands that can help make the world a better place. We all have the power to make a change, albeit a small change; we can never be sure of what that change may mean to the person receiving it.

I have a challenge for you and your family for the next week. Encourage your children, along with the family, to perform random acts of kindness (RAK), by *Paying it forward*. Watch the YouTube clip to understand the concept of *Paying it Forward*: <u>https://www.youtube.com/watch?v=F7Xnlc2GLfY</u>

When you perform RAKs, the recipients of these good deeds, will often want to return the favour. Ask them to *Pay it Forward.* This will assist in keeping kindness flowing. Paying someone a compliment or visiting grandparents costs nothing. If you have photos of your RAK, please email them to me or encourage your daughters to share their RAK experiences with their teachers. Remember kindness comes in all shapes and sizes and it is FREE.

'Those who make compassion an essential part of their lives find the joy of life. Kindness deepens the spirit and produces rewards that cannot be completely explained in words. It is an experience more powerful than words. To become acquainted with kindness one must be prepared to learn new things and feel new feelings. Kindness is more than a philosophy of the mind. It is a philosophy of the spirit.' Robert J. Furey

Cara Eggett (Director: Pastoral Care)



### **MUSIC STAFF SHOWCASE**



### FORTHCOMING WEEK

Please check the Calendar section of Communicator St Peter's for the forthcoming week's activities.

### **THIS WEEK**



#### **GIRLS PREP SCHOOL**

