



SENIOR PREP

Keyhole: 880

31 May 2018



**ST PETER'S
BOYS PREP SCHOOL**

THROUGH THE KEYHOLE

Weekly Newsletter of St Peter's Boys Prep School

FROM THE HEADMASTER

As we are fully into our Rugby season, the Housemasters would like to share their views below.

Have a good week.

Rob Macaulay

FROM THE HOUSEMASTER TEAM

Sport has an interesting way of changing our behaviours, whether it be as the child participating or the way parents, teachers and coaches behave on the side of the field. I have been privileged enough to be part of an environment that has exposed me to many of these various behaviours at prep and high school levels, and recently from the pastoral point of view too.

Rugby season tends to bring about the biggest change in behaviour and there is no doubt that it is due to the combative nature of the sport and the associated competitiveness. This does not just apply to rugby but all sporting codes. All sports at prep school level should be fun, for enjoyment, developing a competitive edge and learning how to give of your best at all times. Winning should not be the primary motivation at this level. As parents, educators and supporters we need our voices to be heard but in a manner that is controlled, supportive and positive so that children can learn and grow from their experiences. What are we impressing upon them if we are shouting in an aggressive manner, berating referees for wrong calls, a coach responding aggressively trying to get a message across to his boys or being highly disappointed at a teams performance. These types of reactions can impact very negatively at these age group levels.

We need to remember and understand that children at prep school level are constantly learning and, more importantly, wanting to learn. They experiment on an ongoing basis and may find themselves getting into trouble which, if handled correctly, is not a bad thing at all. The wrong reaction - overly aggressive and competitive - more often than not, puts pressure on the children. One of the first reactions that we tend to notice is that a child will immediately lose interest in participation as he will associate this type of behaviour with a particular sport and a certain type of character. He then does not see any fun or enjoyment in the sport and no learning will take place. At St Peter's Boys Prep we encourage participation in all sports so that the boys are exposed to as much as possible which ultimately allows for more options when it comes to high school choices. Bearing this in mind, if a boy is forced to participate or feels constantly under pressure or intimidated, whether it be from parents, teachers or coaches, the involvement through the whole term will become negative. This tends to continue into the home environment. It can create a negative team dynamic, which we want to avoid.

In conclusion, I would like to stress the importance of not forcing an issue, whether it be at home, from the side of fields or in any environment for that matter.

One thing I can guarantee is that, if your son enjoys or is enjoying a sport, he will want to learn more. He will ask questions, have that competitive edge, but still play within the spirit of the game (which has been a widely discussed point recently after the Australian cricket team's ball tampering incident), and he will definitely let us know as parents, teachers and coaches what he would like to achieve. It remains for us to support and encourage that process, to provide him with the tools and skills to become that much better, and to ensure that he does not lose the enjoyment of any game that might appeal to him.

If we, as a St Peter's community, can find that balance on the sporting front and at the same time nurture these fine young men, then these behavioural issues will definitely not be an issue and we, as a St Peter's family, will be leading from the front in this regard.

Craig Taylor (Mirfield Housemaster)

ST PETER'S PREP SCHOOLS BUS SERVICE INFORMATION

Due to much interest from last week's Bus Service Survey, we need to move to the next stage of gathering information so that we can contact you to make arrangements for the morning Bus Service.

Please click on the link to fill in your details:

<https://goo.gl/forms/q7ZzUWZTFqCkE3762>



REMINDER: CLOTHING COLLECTION FOR CIVVIES DAY – 15 JUNE

For our Civvies Day (Friday, 15 June), we are collecting clothes for the HLALISEKANI PLAYGROUP.

Please drop donations in the Vestry of the Chapel. All sizes of clothing will be gratefully received. St Mark's Anglican Church will distribute the adult clothing.

Your support for this initiative would be greatly appreciated.

Blessings

Kamohelo Kotsi (Assistant Chaplain)

REMINDER: EDTECH & BYOD COFFEE MORNING

Date: Tuesday, 5 June

Time: 07:30 - 08:30

Venue: Boys Senior Prep Library

Worldwide, the increase in the use of devices in schools is reaching higher numbers, with many South African schools following the trend. This workshop will assist parents to understand the use of these devices at St Peter's, how to manage them at home and what the school is doing to protect their children. We will also shed some insight into the challenges children are facing and how we, as a community, can provide the correct assistance.

Scott Hauptfleisch (Deputy Head: Pastoral Care and Additional Learning; Campus ICT Integrator)

DID YOU KNOW?

The maximum RDA (recommended daily allowance) for sugar for a child over the age of 11 years is 7 teaspoons a day.

- A 200ml Ceres Apple Juice contains around 3 teaspoons of sugar.
- 600ml Powerade contains around 8.8 teaspoons of sugar.



How much sugar are we giving children in one drink?

Read the label:

To calculate the number of teaspoons of sugar, divide the number of grams of total sugar by 4.

For example: If a 500 ml drink has 60 grams of sugar, divide 60 by 4. That equals 15 teaspoons of sugar!

PA NEWS

PAVER PLAQUES

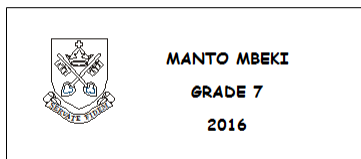
A PAVER PLAQUE is a timeless reminder of your son's years at St Peter's Boys Prep School. This brass plaque is engraved with your son's details and is placed in the quad outside Dodson Hall – The Old Boys Quad.

Should you wish to order, please click on the link and complete the Google order form.

<https://goo.gl/forms/eZGieDiKQnfdyzWu2>

Examples of plaques available to order:

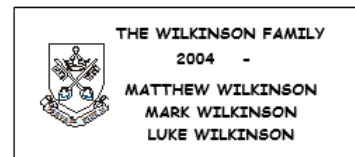
CURRENT PUPIL:



LEAVERS' 2015:



FAMILY PLAQUES:



COFFEE MACHINES REMINDER

Coffee machines are available in the pavilions for parents who would like to enjoy a cup. The cost of the coffee is NOW **R15 A CUP**.

There is also complimentary tea and instant coffee available in case you are not able to pay for the machine coffees. Please note that this is based on an honesty system, and at the moment we are noticing that **only 80%** of the coffees are being paid for.



Due to an unfortunate spate of theft, as well as to not everyone paying for the coffee, we are moving to a completely cashless system. **COFFEE WILL NOW BE PAID FOR VIA SNAPSCAN ONLY**. Simply scan the barcode and follow the instructions on the app.

If you do not have the app, please use our complimentary Wi-Fi to download it and you can use immediately.

We thank you for your support.

SOCCER DAY – 16 JUNE, REGISTER BY 13 JUNEA promotional poster for St Peter's Prep Schools Soccer Day 2018. The background is a vibrant green with a soccer ball in the lower-left corner. The text is in red and black. The St Peter's Prep Schools logo is in the top-left corner. The main title is 'St Peter's Prep Schools Soccer Day 2018'. Below it, it says 'Get ready to celebrate the Beautiful Game!'. The date and time are 'Saturday, 16 June', '11:00 Registration', and '11:30 First kick-off'. A list of bullet points provides registration details. At the bottom, it says 'Remember to register by Wednesday, 13 June'.

Click on this LINK to register: <https://goo.gl/forms/QKJpQ9xaDPsGg5uY2>

SECOND HAND SHOP – VOLUNTEERS NEEDED

Opening time: Wednesday 07:00 to 08:00

The Second Hand Shop is proving to be a popular option for many parents.

We are looking for a few more volunteers to assist with the shop during the opening time.

We would also like to start providing second hand sporting equipment (cricket bats, hockey sticks, tennis racquets etc.)

Please contact **Carol Sithole** on carol.sithole1977@gmail.com or on 072 226 8599 if you are able to help.

WINTER WARMERSA promotional poster for the Winter Warmers Music Festival & Family Day. The poster features a central white area with a decorative orange and green border, set against a grey and white chevron background. At the top center is the St Peter's Prep Schools crest, flanked by two colorful musical staves with notes. Below the crest, the text reads: "WINTER WARMERS MUSIC FESTIVAL & FAMILY DAY!", "Live Music | Kids Inflatables & Entertainment", "FUN FOR THE WHOLE FAMILY!", "SAVE THE DATE", "DATE: Saturday, 14 July 2018", "TIME: 12:00 – 17:00", "TICKETS AVAILABLE SOON – STAY TUNED!", and the email address winterwarmers@stpeters.co.za.

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FORTHCOMING WEEK

Please check Calendar section of Communicator St Peter's for forthcoming week's activities.

PLEASE NOTE: DEADLINE FOR NEWS SUBMISSIONS IS 08:00 ON WEDNESDAYS

CHARITY EVENT – THIS SATURDAY – 2 JUNE!

THE COWS
To the limit of life

CHOC
Childhood Cancer Foundation
South Africa
"Keeping more than hope alive"

**HIGH ROLLER RODEO
CHARITY FUND RAISING NIGHT**

WHEN
Saturday 2nd June 2018. From 7pm onwards. Tables open at 8pm.

WHERE
Rivonia Recreation Club, Achter Road, Paulshof, Johannesburg.

DRESS CODE
Black, White and Red. Rodeo and Cow dress up optional.

CHARITIES
Our chosen beneficiary is THE COWS who raise funds for CHOC Childhood Cancer Foundation SA.
www.thecows.co.za and www.choc.org.za

TICKET PRICE
Includes fabulous food throughout the evening, welcome cocktail, a bottle of wine and gaming vouchers for black jack and roulette. Amazing entertainment with Vegas Royale, DJ, photo booth and the hilarious Dave Levinsohn as the host.
R600 with all proceeds going to The Cows for CHOC.

STAY IN THE GAME
Buy some shooters or charity merchandise to earn more gaming vouchers.

AMAZING PRIZES ON THE NIGHT
For best cowboy, best cowgirl, most awesome cow, most creative interpretation of the theme, highest roller, most enthusiastic player and many more...

So book now and come and be part of this fantastic initiative and support these incredible charities.

BOOKINGS AND ENQUIRIES
perceptivepartners@gmail.com
Find us on Facebook - High Roller Rodeo.

ALL PROCEEDS GO TO THE COWS FOR CHOC

OTHER COMMUNITY EVENTS



2018 BEAULIEU CHALLENGE

Trail Run: 12km • 6km MTB: 45km • 18km • 5km • 2km

10 JUNE
RIVERSANDS FARM VILLAGE

JOIN US FOR A DAY OF FUN!

The 6th Beaulieu MTB and Trail Run Challenge will be held at Riversands Farm Village on 10 June 2018. The event includes a 2km, 5km, 18 km and 45km MTB routes and 12 km and 6 km trail runs.

A good mix of bridle trails, jeep track and plenty of new single track will keep those legs working from start to finish. The routes meander along a good mix of jeep and single track, and the 18km trail run takes athletes into the beautiful Kyalami countryside along river courses, pine and gum-brae forests. The 6km trail run is a fun run and is manageable for less fit and first-time trail runners.

Enter on-line: www.entrytime.com

For those friends and family members who are not riding or running, you can enjoy great food, drinks, craft beer, music and live music.

Scan me

Beaulieu Challenge MTB & Trail Run

32GT makro

<https://riversandsfarm.co.za/events/24-beaulieu-challenge-2018-mtb-trail-run>