



JUNIOR PREP

Dear Parents,

10 WAYS TO TEACH YOUR CHILDREN TO BE COMPASSIONATE

The world would be a much better place if more people focused on teaching compassion to their children. There is plenty of narcissism and sarcasm, in the world today. Let's raise the next generation to be different. Here are the 10 ways to teach your children to be compassionate:

1. It Starts With You

Your life must lead the way for the next generation. If your existence is shallow and self-serving, your children will emulate the same. Display a generous and loving heart so that your children may see it in action. Never let an opportunity slip by where compassion can be given. It is always the small things that matter in life.

2. Love the Lonely Kids

Talk to your children about school life. Do they notice the girl eating alone at lunch? The boy with nobody to play with at recess? Are they themselves that child? Encourage your children to reach out to those that need a friendly face. It takes courage. Teach them to be leaders that set positive trends.

3. Love the Elderly

Teach your children to respect their elders. Have your children spend quality time with the older folks in your circle to help them and learn from them. The elderly are some of the loneliest people in our society.

4. Be Strategic

How can our compassion have meaningful results? That is the challenge to bring up and discuss with your kids. You want to have a positive impact. Giving a homeless man R5 just to buy more booze is frustrating to many people. Instead, consider pre-making survival bags for the homeless. Take the kids to distribute them. Fill a grocery bag with everyday needed items and food that does not need preparation.

5. Use the Media

Television and the Internet are overflowing with bad examples for our children. Sex, violence and self-centredness are celebrated and encouraged. It is simply not possible to filter it all out. Instead, use it for your advantage when possible. Watch what your kids are watching. When opportunity presents itself, use it. Point out moments that could have been different with compassion and decent morals.

6. Love Pets

Do you have a family pet? How your child treats his pet is a great indication of the character within him. Is he loving and nurturing or callous? Perhaps indifferent? Make sure your children have daily responsibilities for the care of your pet. It will teach them dedication to the well-being of something besides their own needs.

7. Love the Disabled

In many cases, they are left on the side-lines to deal with life in relative isolation. Their bodies or their minds may work differently, but every soul is created uniquely beautiful. Remember that and teach it to your children.

8. Open Your Heart

The ability to display and comprehend emotions is not always easy for all people. Some men and women have a lot of trouble discussing out loud how they are feeling. Open your hearts to your children. They need to feel that you can verbally and physically express the love you have for them. Big hugs and three simple words on a daily basis. This builds much needed security and enforces in them the ability to love others as well.

9. Practice Ethical Behaviour

In the present, it is normal business practice to use whatever means necessary to claim the prize. Morals sacrificed and ethics out the window. This trend must be reversed. Teach your children to have standards they will not waver from. To deal fairly in all matters. Compassion flows from those that treat others with dignity and respect.

10. Tolerance for all Kinds

Tolerance is a love for all of God's creations. To be colour blind. To practice understanding for those different than yourself. We can't just gravitate to people only like ourselves. Teach your children to befriend people from different backgrounds.

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FOURWAYS TRAFFIC IS THE WORST IN SOUTH AFRICA

A group of St Peter's parents are being proactive in tackling the traffic in the Fourways area. They have approached the DA Councillor, JMPD and LRA to discuss the infrastructure, motorists' behaviour on the roads and pointsmen required to ensure the Fourways area traffic flows adequately. To send an email to Mayor Herman Mashaba, to ensure he is aware of the circumstances on our roads, 10 000 signatures are required – please consider signing the petition below and sharing this with other concerned road users in our area. We are hoping to make a daily difference.

https://www.petitions24.com/fourways traffic is the worst in sa sign this petition to make-it-stop

Thank you for your support!

CC NEWS

Zoe van Onselen has taken on a PA role and stepped off the CC for 2018. I would like to thank her for the time and effort she put into this position over the past six months.

Carolyn Linnell has taken over the role, joining Jacqui Wilson as our second CC Junior Prep representative. I would like to welcome Carolyn on board and know that our St Peter's community will support her over the coming months.

JP BOYS SOCIAL COHESION COMMITTEE

As part of the transformation and inclusive initiatives at St Peter's, a JP Boys Social Cohesion Committee has been formed. The aim of this committee is to ensure that all families feel they are part of the St Peter's community. I would like to thank the following parents for their commitment to this initiative: Busi Mathe, Lindsay Anderson, Phetsile Dlamini, Nokuthula Dube-Nwaoshai, Mayleen Kyster Nduli, Chetna Daya, Mandy Hugo, Dominique Zuma and Kassy Gounden.

COMMUNITY PARTNERSHIP

The number of volunteers for Diepsloot Combined School has increased slightly. I would like to thank all parties involved for their on-going support of this valuable and very worthwhile cause.

JP SPORT

Cricket and Swimming season will come to an end on **Friday, 16 March**. The boys will be involved in Athletics until the end of term. They must wear their sports kit, white takkies and hats during these PE lessons.

Swimming will be replaced by Tennis until October. Boys may bring their own tennis racquets (clearly marked) should they wish, but the school has racquets that they can use.

Touch rugby will start at the beginning of the Second Term in May. All boys will wear sports kit and takkies, but will need a *gum guard* (available at the School Shop).

DADS & LADS CRICKET - Grade 1 and 2 boys

Saturday, 17 March is the Grade 1 and 2 Dads & Lads cricket morning. Our boys are very excited about playing cricket with their dads. A letter with all details will be sent to participating families early next week.

The Grade 2 parents will be selling refreshments on the morning. Please do support them.

CAMP OUT

The best night of the year for our boys is **Saturday, 17 March!** All details have been forwarded to you. Please do take note of the traffic flow at this event. I know the boys will enjoy every minute.

GRADE 0 – COWBOY THEME

The Grandparents Tea was a lovely event last week. The morning was enjoyed by all and the little boys were super proud to show off their new school. Thank you to the moms who assisted with this event.

Sun Valley Riding School visited our boys on Wednesday as part of their theme. The boys learnt so much about horses and horse riding. I would like to thank the Sun Valley team for a wonderful morning.

ADHD - Prof Andre Venter

Parents are reminded of the ADHD evening talk on 14 March at 18:30. This talk is hosted by Bellavista and bookings can be made on either 011 788 5454 or share@bellavistaschools.co.za Prof Venter is world renowned on the topic of ADHD and it is well worth attending if you have any concerns around this learning difficulty.

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INCLEMENT WEATHER

At present we seem to be plagued with lightning or rain at home time. Should this be the case when you collect your son the following allocations have been made:

Grade 0 boys - Grade 0H (Nichola Harmuth's classroom)
Grade 1 boys- Grade 1R (Genevieve Ritchie's classroom)

Grade 2 boys - Grade 2V (Dominique van der Merwe's classroom)

Rugga Kids/Northern Stars boys - Grade 1K (Tiffany Koch's classroom)

Idwala Cricket boys - Grade 1B (Charmaine Basel's classroom)

Judo & Karate boys - Boys JP Hall

Aftercare boys – Grade OF (Claire Fietze) and Grade OS (Tracey Sparks' classrooms). The school bus will be arranged to transport these boys to the Aftercare facility as soon as possible. An Aftercare facilitator will drive down to the school to assist with the boys in the classrooms.

MORNING PRAYER

On **Sunday, 11 March** St Peter's Boys School will host a family morning prayer service at **8:00**. Please do consider attending this service as a wonderful start to your week.

GOLDEN MOMENT

Yesterday the Grade 0 boys were asked why they should never stand at the back of a horse. The response – because they will poop on you!

Enjoy your weekend.

Warm regards,

Cundou 11 Mouch

Kenda Melvill-Smith

FORTHCOMING EVENTS

Sunday 11 March	
8:00	Morning Prayer (Chapel)
Monday 12 March	
12:00	Grade 2 Choir practise during break
Tuesday 13 March	
8:30	DCS
Wednesday 14 March	
8:00	Chapel (birthdays 12-18 March)
	Vision Screening Grade 0 & new boys
13:00-13:30 Grade 2 Choir	
18:30	PA AGM – Mvukuzane pavilion
18:30	Prof Andre Venter ADHD talk at Bellavista School
Thursday 15 March	
Friday 16 March	
Pyjama Day for Cancer	
Saturday 17 March	
8:00	Grade 1 and 2 Dads & Lads Mini Cricket
16:00	Camp Out

PYJAMA DAY

Cancer is an illness that can affect anyone - regardless of age, gender or race. Within our own St Peter's family, we have people who are fighting this disease at present and one of these is a young girl in the Girls Prep. We as a school have therefore chosen CHOC, as our charity, to support this term and for us to remember all children who are fighting cancer. During the week starting Monday, 12 March 2018, we will be speaking to the children in our own community on cancer and how families are affected by this dreadful disease. On Friday, 16 March 2018, we will conclude the week with a 'Pyjama Day.' On this day, we encourage the children and staff to come to school in their pjs in order to empathise with children who are sick and suffering with cancer. There is no charge for this day as this is about us, as a community, becoming aware and pulling together to support one another.

Fr Richard (Chaplain)

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FROM THE CATERING MANAGER ON LISTERIOSIS

In view of the reports on Listeriosis in the press, I would like to reassure you that we don't serve polony or viennas on our menu except on Hot Dog days. We have, however, removed all ham and salami from the teatime sandwich menu for the time being.

The use of processed food products is quite limited, as we prefer to do home cooked meals. All sausages/boerewors are purchased from our local butcher, where they are produced on site. The cold meats served are limited to ham and salami, purchased from Bidfood (part of the Bidvest group) and are not of the "Enterprise" brand.

I have contacted Bidfood to provide us with clearance/health and safety certificates from their food suppliers.

Our kitchen staff were briefed on Listeriosis at the beginning of the year and we are fully trained on the health and safety procedures to follow in the kitchen, i.e. washing of hands, personal hygiene, use of sanitisers and making sure that all food is fully cooked. **Sharon Rabilal** (Catering Manager)

LADIES LUNCH 2108

Wow - what an afternoon! Congratulations and thank you to the fabulous group of moms who organised the spectacular Botanical and Bubbles Ladies Lunch on Saturday, 24 February.

Special thanks must go to **Stacy Mogale** and **Zoe van Onselen** for heading up the committee and making sure everything ran as smoothly as it did. And then, in no specific order, thanks to all the committee members: Busi Mathe, Dipti Marrie, Candice Brits, Priya Lutchman, Jayne Napier, Jessica Barrow, Belinda Gilbert, Chetna Daya, Rashida Dawood, Ellen Ngcongo, Kassy Gounden, Tanya Watson, Mandy Hugo, Courtney Baxter, Connie Shipp, Tanya Ingham-Brown, Colleen Hayward-Butt, Sally Diack and Katherine O'Neill. You girls ROCK!!



SECOND HAND SHOP

The second hand shop is situated just behind the current school shop and opening hours are every Monday, Wednesday and Friday from 07:00 to 08:00. School uniforms and sport kit for both girls and boys are available at discounted prices.

All donations are welcome. Kindly deliver clean items to the shop during any of the opening times.

If you would like to volunteer to assist with the shop during one of opening times, kindly contact Carol Sithole on carol.sithole1977@gmail.com or on 072 2268599.

Please contact any of the following ladies to make appointments at other times or for more information:

- Carol 072 2268599
- Heather: 082 654 2755
- Janice 083 325 2464
- Vicky 081 470 9124