



Edition: 4

8 February 2018

## ST PETER'S GIRLS PREP SCHOOL

### Weekly Newsletter of St Peter's Girls SP School

**Please note that Darrel Webb has been away, at the St Peter's Prep Strategic Planning Conference for most of this week. There will, therefore, be no article from him today.**

### FROM THE SPORTS DEPARTMENT

The article below, entitled 'What Makes a Great Team Mate,' from [www.positivecoach.org](http://www.positivecoach.org), and written by Mike Klinzing, is a valuable and worthwhile read. We need to remember that we are all part of a team at some stage - whether it is hockey, netball or swimming (where girls form smaller teams in relay groups, etc). Point number 8 is particularly relevant, as we have been focusing on *Respect* - a core value at St Peter's:

*Not every person has been blessed with great talent, but every player, regardless of ability, can be a great teammate. Here are 12 qualities of a great teammate. Do these qualities describe your daughter?*

- 1. A great teammate gives relentless effort: Remember, your coach should not have to coach effort! You cannot control many things that will happen during your sports season, but you can control how hard you play. The only way to become better is to give your maximum effort. This not only makes you better, it pushes your teammates to become better as well.*
- 2. A great teammate is unselfish: Put the team first. Your job is to do what it takes to help the team be successful. This isn't always easy, but great teammates find a way to put the success of the team above their own success.*
- 3. A great teammate is honest: All great teams and relationships are built on honesty. Your coach and teammates need to know that they can trust you during the ups and downs of a season.*
- 4. A great teammate is humble. You may be the star of your team or you may be a role player. Either way, remember that the team comes first. Put your individual accomplishments aside and give praise to your teammates. Teams succeed when no one cares who is given the credit.*
- 5. Great teammates hold themselves and their teammates accountable: You should have high standards for yourself and your teammates. If a teammate is not fulfilling duty to the team, you should not be afraid to confront them and help them back on track. You might need to help them buy into a particular strategy or help them accept their role on the team. Don't accept a negative attitude from teammates. Be the player that reaches out to them to help your team as a whole.*
- 6. A great teammate strives to improve: You can always be a better player tomorrow than you are today. Work to improve your game and you will lift your teammates. Stay and work after practice and see how many teammates join you.*

7. *A great teammate is optimistic: Don't be a player constantly complaining to others about what's wrong. Look for the positives in your teammates and coaches.*
8. *A great teammate has respect for others: Respect your teammates. Respect your coaches. Respect your family. Respect your teachers. Respect your facilities. Respect your school. Look people in the eye. Nod and acknowledge your coaches when they are addressing you. Clean up after yourself. Be polite. Encourage and cheer on your teammates. Help create a culture of mutual respect.*
9. *A great teammate is a leader: You don't have to be the best player on your team to be a leader. You don't even need to be a vocal leader. Every player can lead by their actions. Is what you do on a daily basis making your team better? Challenge your teammates during drills. You'll improve and so will they. Bring energy to every practice. Don't talk badly about teammates or coaches outside the team environment. These are all ways in which you can lead your teammates towards success.*
10. *A great teammate is resilient: Help your team use temporary setbacks or losses as an opportunity to grow and improve. Don't make excuses, look for solutions. As a mentally tough player, pride yourself on being resilient. Your ability to bounce back will be infectious and help make your entire team more resilient. In any situation, one player's positive outlook can make a difference. Try to be that player.*
11. *A great teammate helps foster a family atmosphere: Support your teammates as you would your family. Your season is going to have highs and lows, so are your teammates. Teams that build close relationships are usually the teams having the most fun and enjoying the most success.*
12. *A great teammate takes responsibility: All your actions, within and away from the team, are a representation of your team, your school or organisation and your family. Take responsibility for your behaviour and actions at all times. Conduct yourself in such a way that your parents, coaches, and teachers would be proud of you. You never know who is looking at you for cues as to how to behave.*

Please feel free to contact me with any comments, queries or questions!

Liz Ashmore  
(Director of Sport)  
[LAshmore@stpeters.co.za](mailto:LAshmore@stpeters.co.za)

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## ST PETER'S PREP SCHOOLS – LIGHTNING WARNINGS

Please see information below on the lightning signals and procedures at St Peter's Prep Schools.

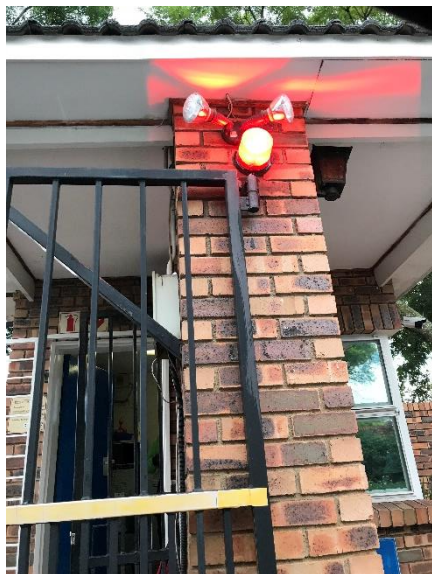


A reminder to all that the signals are:

- One long siren burst – the school is under lightning conditions. Everyone on campus to take cover at the nearest shelter.
- Two short siren bursts – lightning threat has cleared, normal activity may resume.

## DROP OFF AND PICK UP

Parents are reminded that if the red strobe light is flashing (at the gate) when you enter the school, we are under lightning conditions.



### Drop Off

On these occasions, our recommendation is:

- You keep your child in your car, until you hear the all clear signal or an announcement over our PA system.
- The school will obviously take the situation into account as to why your child may be late for class.

### Pick Up

The procedure in the afternoons is:

- The children are taken from their activity to the closest point of shelter. (Pavilions, Classrooms, etc)
- We will try as far as possible to get the children to the same point on every occasion; however, this point may vary depending on the location of the activity and the nearest point of shelter.
- Parents may personally collect their child from the teacher/s on duty and take them at their own risk. (Please note no staff member will send an unaccompanied child to any car park/collection point)

Sean Porter

*(Boys Prep Deputy Head: Administration & School Management System)*

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## CHAPEL COLLECTION THIS TERM

Our Chapel collection this term goes to South African Guide Dogs Association for the Blind. South African Guide Dogs Association for the Blind is a well-established NPO with a mission to enhance the mobility and independence of people who have visual, physical and developmental needs. The services they provide include trained guide dogs for the visually impaired, trained service dogs for the physically impaired and assistance to the visually impaired through orientation and mobility services.

Blessings

Kamohelo Kotsi *(Chaplain Assistant)*

## NEW ADMINISTRATIVE SYSTEM

We are excited to have moved over to a new school administrative system called Engage.

As part of the migration process, we need each family to review their personal information.

Your daughter will be bringing home a **Data Review Form** on Monday, 12 February. Please check the form, make any changes if need be, sign and return it to the class teacher by Friday, 16 February.

Thank you for your assistance in this regard.

The Engage Team

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## PA NEWS

### ST PETER'S SECOND HAND SHOP



The St Peter's Second Hand Shop will open on Wednesday, 14 February. Please bring any old items you no longer use and want to donate, and make use of this facility to help save costs on school kit. The shop is located in a hut behind the school shop and will be open every Wednesday.

Well done to Carol Sithole for all the hard work she has put in to getting this up and running - if anyone is interested in helping her please contact her at [carol.sithole1977@gmail.com](mailto:carol.sithole1977@gmail.com).

### COFFEE MACHINES

Coffee machines are available in the pavilions for parents who would like to enjoy a cup. The cost of the coffee is now R15 a cup.



There is also complimentary tea and instant coffee available in case you are not able to pay for the machine coffees. Please note, that this is based on an honesty system and at the moment we are noticing that only 80% of the coffees are being paid for.

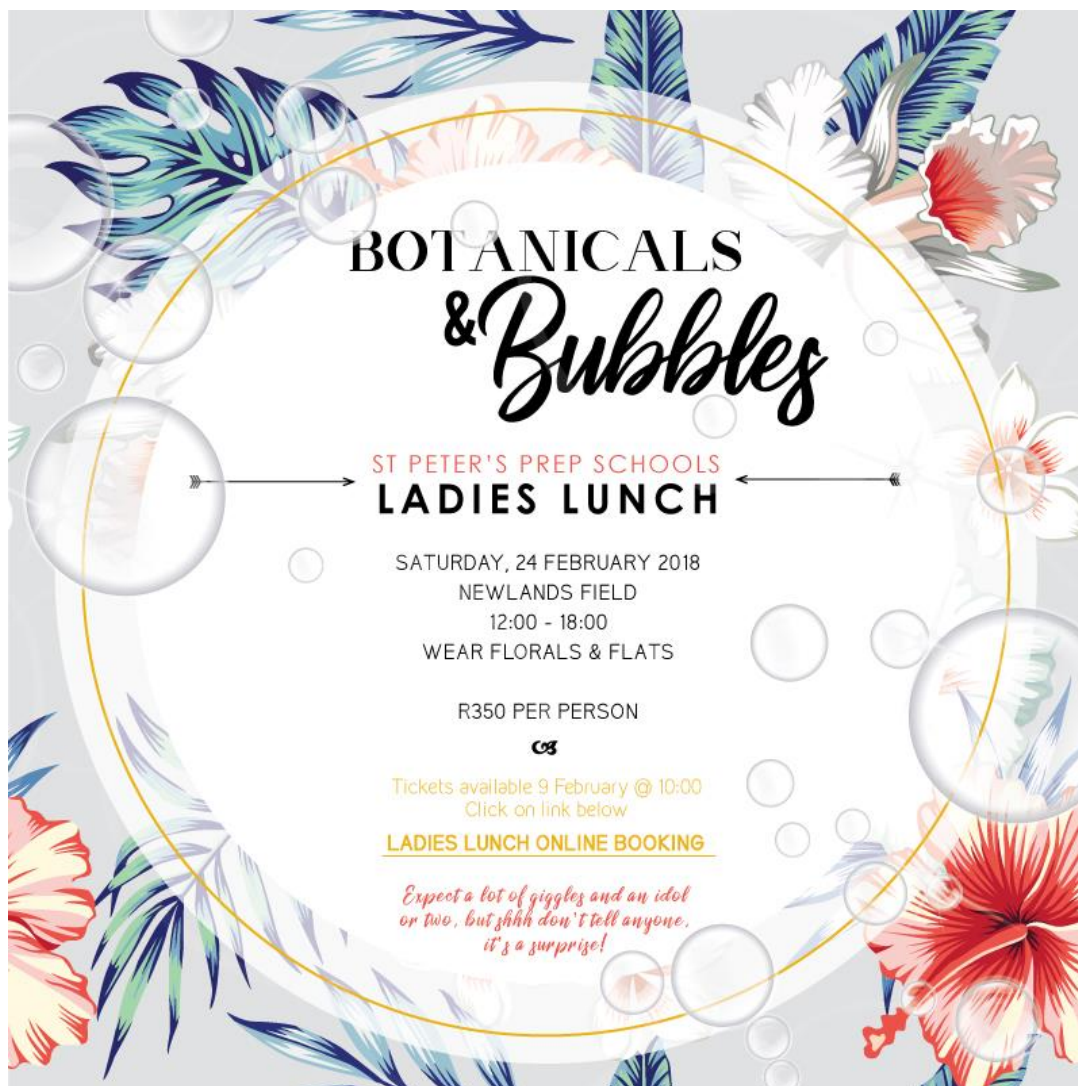
Due to an unfortunate spate of theft, as well as not everyone paying for their coffee, we are moving to a completely cashless system. Coffee will now be paid for via SnapScan only. Simply scan the barcode and follow the instructions on the app.

If you do not have the app, please use our complimentary Wi-Fi to download it and you can use immediately.

We thank you for your support.



## LADIES LUNCH



**BOTANICALS  
& Bubbles**

ST PETER'S PREP SCHOOLS  
**LADIES LUNCH**

SATURDAY, 24 FEBRUARY 2018  
NEWLANDS FIELD  
12:00 - 18:00  
WEAR FLORALS & FLATS

R350 PER PERSON

Tickets available 9 February @ 10:00  
Click on link below

**LADIES LUNCH ONLINE BOOKING**

*Expect a lot of giggles and an idol  
or two, but shhh don't tell anyone,  
it's a surprise!*

CLICK HERE → <https://goo.gl/forms/sLi3jchI07o6hvm63>

## Grade 7 Girls Flower Fundraiser

**R250 per Bunch**

**Please support by ordering your bunch  
of beautiful flowers, by Tuesday  
afternoon, via email [nicky@ntce.co.za](mailto:nicky@ntce.co.za).**

**Collection of flowers on Friday from  
12:00 at Girls SP Reception.**

**Many thanks  
Grade 7 Girls Fundraising Committee**



## COMMUNICATOR ST PETER'S

### HOW TO GET IT: THIS IS THE FIRST STEP AND CANNOT BE SKIPPED

There is a link below to a **Google Form** – which you are required to complete, please. These details are needed in order to set up the once-off verification step.

LINK: <http://goo.gl/forms/kvMdLCEq0G>

PLEASE ALLOW **1 WORKING DAY** ONCE YOU HAVE COMPLETED THE GOOGLE FORM BEFORE YOU DOWNLOAD THE COMMUNICATOR, TO ENABLE YOUR DETAILS TO BE VERIFIED.

Please go into your PlayStore/AppStore and download **Communicator St Peter's**.

- After download, you will be prompted to fill in your email address and make up a password (or request a password and then you will be prompted to make one up).
- An email will be sent to you asking you to verify your email address. Once you have clicked on this you will be able to continue with the download, filling in your email address and password. Remember the password as it will be needed when you authenticate your other devices as well.
- Choose **St Peter's Schools**
- Personalise from which school you wish to receive notifications and tick at least one of the following; Girls Junior Prep General, Girl Senior Prep General, Boys Junior Prep General, Boys Senior Prep General, or College General.
- Personalise other channels from which you would like to receive information e.g. Grades, Sports, Music, etc.

**Jean Macleod**

(Marketer) [jmacleod@stpeters.co.za](mailto:jmacleod@stpeters.co.za)

## GRADE 7 SOCIAL





**FORTHCOMING WEEK**

Please check the Calendar section of Communicator St Peter's for the forthcoming week's activities.

**SHROVE TUESDAY - 13 FEBRUARY**

The Grade 7s will be selling pancakes for Shrove Tuesday, at break, on Tuesday, 13 February. Please bring **R10**.



**THIS WEEK**



New girls' tea with Mr Webb & Mrs Eggett



Using Coding to consolidate learning in longitude and latitude



Making a device to throw a ball in STEM



2018 is well under way in classrooms